



# Workshops & Training Packages



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The Drug Education Network (DEN) is an alcohol, tobacco and other drug health promotion organisation.

We are a Tasmanian not-for-profit registered charity and have been operating in Tasmania for over 38 years.

We provide school education, workforce training, resources and information to help keep Tasmanians safe from harm caused by alcohol, tobacco and other drugs.

# Our Approach

The Drug Education Network neither condones nor condemns the use of drugs. Rather, we acknowledge that drug use exists irrespective of legal status or social norms.

Our workshops and training sessions are evidence-based, and use a best-practice approach to health promotion, providing you with the information and resources you need to keep yourself and others safe from harm.

Whether you are looking to upskill your staff in a professional development session, or you or your team could benefit from learning more about alcohol and other drugs, we have a training package or workshop to suit your needs.

While indicative timeframes have been provided, all delivery timeframes are flexible and can be adapted to meet the needs of your organisation or workplace.

We regularly engage the services of Lived Experience Speakers, who offer important insights and information to help you contextualize your understanding and awareness of alcohol and other drug use in Tasmania.

We invite you to browse this catalogue to learn more about our offerings, or jump online to visit our website

**[www.den.org.au](http://www.den.org.au)**



# Workshops & Training Packages

Up to 1 Hour



## Drugs and the Workplace

### Who's it for?

This workshop is suitable for any workplace, association, or club looking to respond to alcohol or other drug use concerns within their organisation.

### Learning outcomes

Why people may choose to use drugs, how different substances affect us in different ways, how to minimise potential harm caused by drugs, and where to access information and support.

### Associated costs

A one off booking fee of **\$55** (GST inclusive) per booking to cover associated administrative costs.



## Alcohol and Other Drug Workshops

### Who's it for?

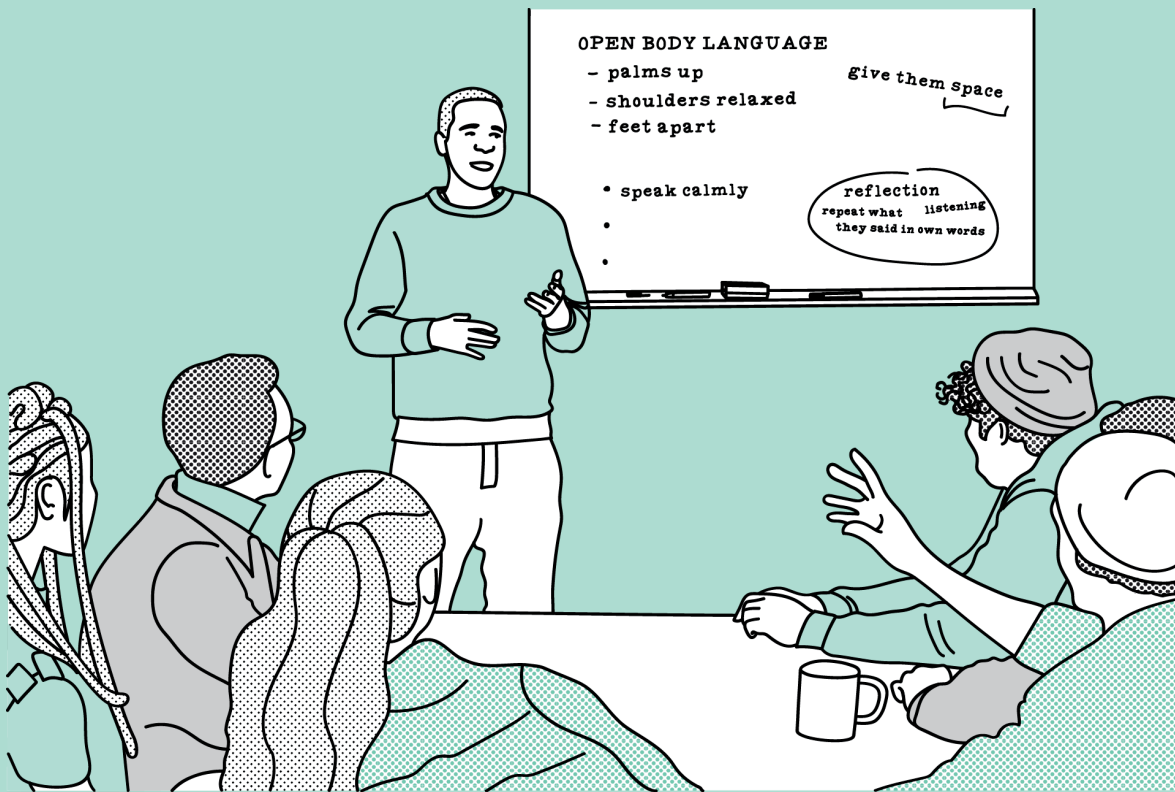
These workshops are suitable for any organisation looking to respond to alcohol or other drug use concerns from clients.

### Learning outcomes

You will learn why people use drugs, their effects, how to minimise any associated harms, when and how to start a conversation, and where to access information and support.

### Associated costs

A one off booking fee of **\$55** (GST inclusive) per booking to cover associated administrative costs.



## Responding to Challenging Behaviours

### Who's it for?

Whether your organisation provides face-to-face services in a treatment setting or through broader community support, this workshop will provide the information and resources needed to engage with clients who are displaying challenging behaviours as a result of alcohol or other drug use.

### Learning outcomes

You will learn about the relationship between mental health and substance use, and its effects on behaviour, and consider effective ways to respond to people who are distressed or agitated.

### Associated costs

A one off booking fee of **\$55** (GST inclusive) per booking to cover associated administrative costs.





## Alcohol, Other Drugs and Pregnancy

### Who's it for?

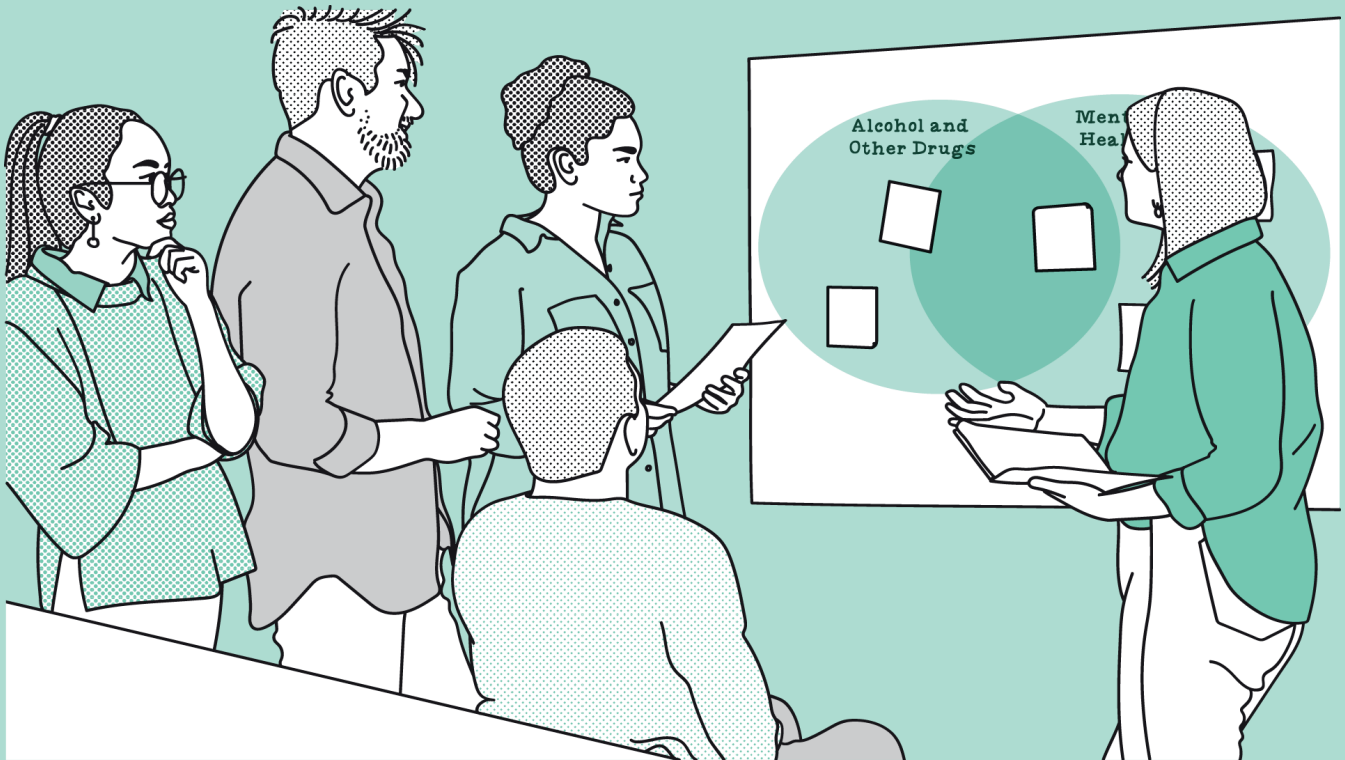
This workshop is suitable for anybody interested in learning about the effects of alcohol and other drug use during pregnancy but is best suited to allied health workers or other individuals working with pregnant people or people planning a pregnancy.

### Learning outcomes

Find out how you can assist people to make healthy and informed choices about alcohol and other drugs during pregnancy.

### Associates costs

A one off booking fee of **\$55** (GST inclusive) per booking to cover associated administrative costs.



## Alcohol, Other Drugs and Mental Health

### Who's it for?

This workshop is suitable for any workplace, association, or club looking to learn more about alcohol, other drugs and use.

### Learning outcomes

Participants will learn about the relationship between substance use and mental health, increasing their understanding of mental ill health and how a person's overall level of well-being can affect their level of substance use, as well as how their substance use can in turn influence their mental health.

### Associated costs

A one off booking fee of **\$55** (GST inclusive) per booking to cover associated administrative costs.



## Conferences, Forums and Events

### Who's it for?

Whether you're interested in best-practice drug education, stigma and discrimination reduction, or general alcohol and other drug health promotion information, we can work with you to provide an engaging presentation that meets the needs of your audience.

### Learning outcomes

Allow us to inform and empower your audience by inviting us to speak at your forum, conference or event.

### Associated costs

A one off booking fee of \$55 (GST inclusive) per booking to cover associated administrative costs.



## Brief Intervention Foundation

### Who's it for?

This training package is considered to be professional development and is suitable for individuals working in client-facing roles across the community services sector.

### Learning outcomes

This foundational course will introduce you to the methodology behind Brief Interventions, preparing participants to apply Brief Interventions in a range of settings, targeted to the stages of change.

### Associated costs

For groups of fewer than 10 people (with a minimum of 4 participants per session) = **\$1,300** (GST Inclusive).

For groups over 10 people (maximum of 30 participants per session) = **\$1,500** (GST Inclusive).



## Brief Intervention Masterclass

### Who's it for?

This training package is considered to be professional development and is suitable for participants interested in building onto their foundational knowledge.

### Learning outcomes

Apply Brief Intervention methodology to your personal workplace context with targeted approaches and intervention options.

You will leave this session ready to confidently undertake alcohol and other drug Brief Interventions in your workplace.

### Associated costs

For groups of fewer than 10 people (with a minimum of 4 participants per session) = **\$1,500** (GST Inclusive).

For groups over 10 people (maximum of 30 participants per session) = **\$1,700** (GST Inclusive).

# Looking for more information about drug-related topics?

**den**  
Drug Education Network

## Community Online Drug Education (CODE)

Find free, trustworthy information about alcohol and other drugs.

[code.den.org.au](https://code.den.org.au)

Reliable information and services without needing to Google.

Available from anywhere with an internet connection, at any time of day.

- Scan me to visit CODE
- Information
- Services
- Videos
- Websites
- Articles
- Apps
- Audio
- Helplines

Carefully curated by the Drug Education Network.

[code.den.org.au](https://code.den.org.au)

**Learn more now.**





**1300 369 319**

**admin@den.org.au**

**www.den.org.au**