



AOD (Alcohol & Other Drugs) Storytelling Dice



The AOD story telling dice set has been designed to facilitate conversations around topics concerning drug and alcohol use, addiction, prevention, and harm minimisation.

They can be used to take advantage of the opportunities provided in the new Australian Curriculum for Health and Physical Education giving students the chance to practice and develop skills and strategies to help them make healthy choices for both themselves and their communities.

The dice set can be used with each level of the curriculum.

- Help script and rehearse refusal strategies
- Explore scenarios and consequences where safety may be at risk
- Help justify decisions to preserve their own or other's health
- Demonstrate their knowledge, understanding, and skill.

www.den.org.au/schools

Storytelling Sets

Blue, Red or Green Die & 3 complimentary story cubes AU\$15

Coloured AOD Die Set only AU\$20

order: www.den.org.au/resources

Example 'Refusal Strategies' scenario

1. A group of students roll the blue topic dice (from the choice of red, blue, or green) and three story cubes.

2. They roll cannabis and a face, a letter, and an abacus.

3. From this point the students work on refusal strategies and possible consequences by constructing a narrative linking together the four images rolled. In this instance they work together to generate the story:

"No thanks. I'm not happy that your grass came in the post. I'm just counting the risks, we have no idea what's in it and I don't want to spend the night in hospital."

4. The students continue to practice refusal strategies and consequences and change the scenario. They continue with the blue dice and roll a wine glass, a bee, an eye, and a globe.

5. Collectively they come up with

"I'm not drinking tonight. I just watched my friend get stung by the cops for drink-driving. She's devastated as she wanted to work overseas and now it's harder to get the work-visa she needs with a record."

